

Thea Hellmann



Personal details

-  22/06/2005
-  Campusplein 1,
3584 ED Utrecht,
Netherlands
-  +49 160 326 8012
-  theaflorentinehellmann@gmail.com

Strengths

Creativity

Strong creative thinking skills with the ability to translate ideas into clear concepts across writing, visual work, and hands-on execution. Shaped by storytelling, photography, and practical experience, tasks are approached with curiosity, originality, and strong attention to detail, resulting in meaningful connections and thoughtful solutions.



Problem-Solving

Demonstrated fast thinking and the ability to identify and solve problems, even in high pressure environments.



Fast Learning

Proved the ability to communicate on an effective level, pick up new skills and routines quickly and implement into existing structures seamlessly.



Languages

German	■	■	■	■	■
English	■	■	■	■	■
Dutch	■	■	■	■	■
Spanish	■	■	■	■	■

Experience

Cook & Baker - Bastacosi

Utrecht, The Netherlands

01/09/2025 - now

Service, making & baking pizzas and appetisers, cleaning & money responsibilities

Website Development and Marketing - IBH Hamburg

Remote, based in Hamburg, Germany

01/12/2024 - now

Recruitment, Website design and maintenance, marketing, administrative tasks

Service Worker - Pickles Burger & Wine Bar

Utrecht, The Netherlands

20/08/2024 - 30/09/2025

Service, bartending, basic food preparation, cleaning & money responsibilities

Service Worker - ASTOR Premium Filmlounge HafenCity

Hamburg, Germany

22/07/2023 - 10/04/2024 (full time)

Service, food and drink preparation, bar, commis, inlet, coat room, cleaning responsibilities

Service Worker & Manager - Luicella's Ice Cream

Hamburg, Germany

01/05/2022 - 31/07/2023 (Service Worker)

01/08/2022 - 31/03/2023 (Manager)

Planing shift schedules, inventory, ice cream production, marketing work, ordering and handling resources and goods, service, drink preparation, cleaning responsibilities - leading a team of ~50 people

Service Worker - Café May

Hamburg, Germany

01/09/2021 - 31/07/2022 (minijob)

Service, breakfast and lunch preparation, coffee, commis, cleaning responsibilities

Education

University College Utrecht

Utrecht, The Netherlands

08/2024 - now

Cognitive Neuroscience, Medical Science, Biology, Psychology

Albrecht-Thaer-Gymnasium

Hamburg, Germany

08/2015 - 07/2023

Abitur: 1,0 (GPA 4,0)

Early-Bird-UndergradProgram - Claussen Simon Foundation & FOM

University Hamburg

Hamburg, Germany

03/2020 - 07/2023

Focus: psychology, economy

Interests

Travel

Strong interest in solo travel as a way to expand cultural awareness, work internationally, and develop photography through observing places, people, and everyday details.

Writing

Author of the debut novel 3 Minutes, with a focus on reflective, human-centered storytelling.

Cooking & Baking

Cooking and baking as a creative and social practice, with experience preparing meals for groups and focusing on care, flavor, and connection.